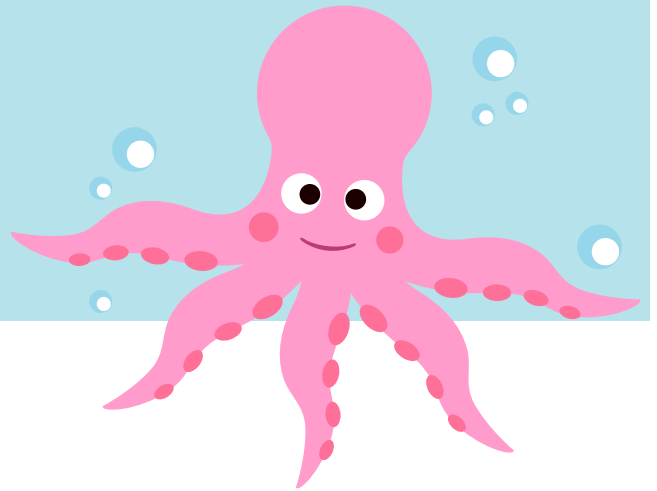
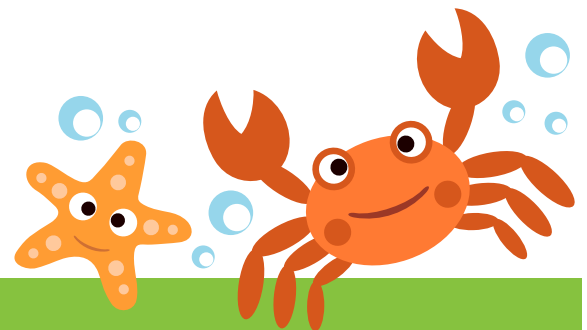


Obtaining a Voiding History



1. Please measure and record your child's urine output for two 24 hour periods of time. This may be done for two consecutive days, for example Saturday and Sunday, or on two separate days. Do not use days when your child is ill, or when some unusual event is occurring (birthday, party, long trip by car, etc.).
2. Do not attempt to change your child's diet or voiding pattern before or during the time you measure his or her output. Do not encourage or restrict fluids or encourage or limit trips to the bathroom. Remember – we are looking for examples of your child's usual voiding pattern.
3. Record the approximate time (within 15 minutes) and the approximate volume of each void. If your child is damp (moisture on underpants) or wet (urine has soaked through to outer layers of clothing) record that – either at the time your child voids or whenever you notice it.
4. Keep track of bowel movements for 1 week. Indicate if they are constipated (hard and formed), normal (soft and formed), or loose (not formed).
5. Record anything else you see that you think is important (for example, squatting to avoid going to the bathroom, rushing to get to the bathroom etc.).





VOIDING HISTORY

DATE	TIME	AMOUNT VOIDED	WET OR DRY

