



**Over one-third of Americans are considered obese, with a BMI greater than 30.**

According to the Centers for Disease Control and Prevention, or CDC, obesity is commonly associated with life-threatening health conditions, including heart disease, stroke, Type 2 diabetes and certain types of cancer. In addition, obesity also impacts quality of life and can commonly interfere with social and personal activities.

**Our multidisciplinary team works together to get you back to a happy and healthy life.**

At the UF Health Weight Loss Surgery Center, we don't just focus on surgical options for weight loss. We also are dedicated to working with each patient to create a healthy lifestyle. As a center accredited by the Metabolic and Bariatric Surgery Accreditation and Quality Improvement Program, you are guided through your weight loss journey by a team of experts, including fellowship-trained bariatric surgeons, nurses, psychologists, cardiologists, pulmonologists, medicine physicians, nephrologists, endocrinologists and nutritionists.

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For more information,  
please call 352.265.0535  
or visit [UFHealth.org/weightloss](https://UFHealth.org/weightloss).  
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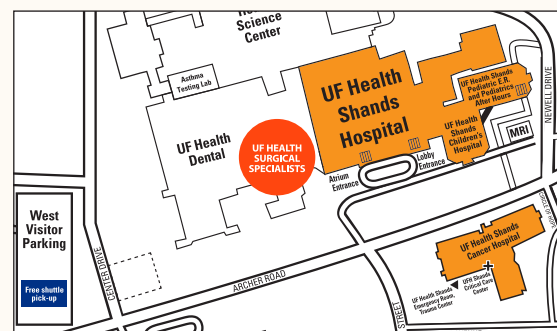
## UF HEALTH WEIGHT LOSS SURGERY CENTER

Helping you take back control of your health

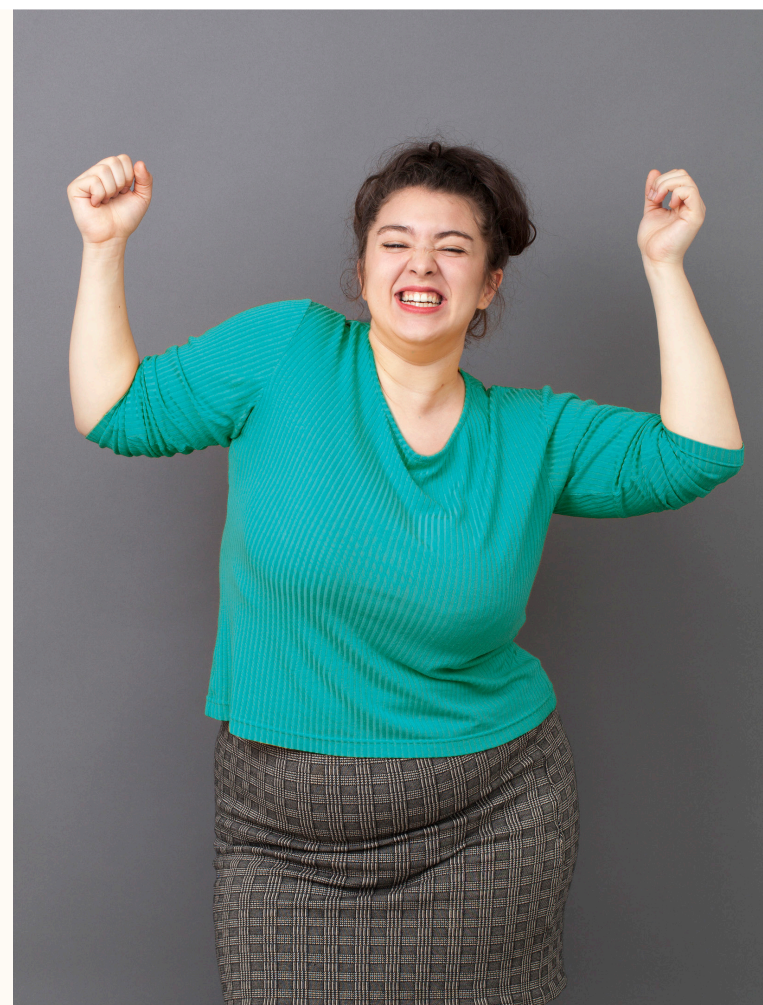
All potential patients must complete an in-person or online seminar prior to their first consultation with a UF Health bariatric surgeon.

Visit [UFHealth.org/weightloss](https://UFHealth.org/weightloss) for seminar information.

**1600 SW Archer Road, Gainesville, FL 32610**



**Our center is located at UF Health Surgical Specialists on the first floor of UF Health Shands Hospital.**



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We don't just focus on weight loss. We are dedicated to working with each patient to create a healthy lifestyle.  
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**Morbid obesity can be costly to your life and your wallet.**

- ▶ Morbid obesity increases your risk of diabetes, gallbladder disease, high blood pressure, sleep apnea, heart disease and much more.
- ▶ Morbid obesity can lead to loss of self-esteem, depression and even discrimination with jobs, promotions and from society in general.
- ▶ Annual medical costs associated with obesity are estimated to be as high as \$147 billion.
- ▶ Obese people have average annual medical costs that are \$1,429 more than people of normal weight.
- ▶ 45,000 morbidly obese people per year die before retirement.
- ▶ On average, morbid obesity causes 40 million lost work days per year.

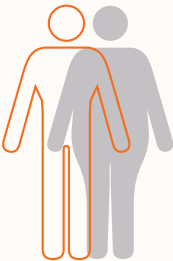
- Our board-certified, fellowship-trained bariatric surgeons perform three different types of surgeries to help you lose weight.**
- ▶ **Gastric bypass (Roux-en-Y) —**  
This procedure creates a small pouch out of your stomach, reducing the amount of food you can eat. It also reroutes your small intestine to provide less absorption of fat and nutrients from the foods you eat.
  - ▶ **Vertical sleeve gastrectomy (Sleeve) —**  
This procedure involves removing 80%+ of your stomach, creating a significantly smaller stomach tube. It limits the amount of food you can eat by making you feel full after eating. This procedure also decreases your hunger by removing the cells that produce the hormone (Ghrelin) that makes you hungry.
  - ▶ **Laparoscopic gastric banding —**  
We do not place new adjustable gastric bands because of the high number of complications associated with these devices. However, we provide advice, maintenance and removal of bands for patients who have had this type of surgery.

**When patients adhere to the necessary post-surgery behaviors, including diet and exercise, weight loss surgery is very successful.**

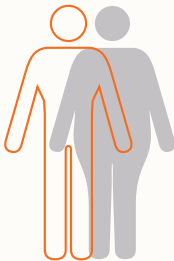
Weight loss surgery candidates must meet the following criteria for surgery:

- ▶ Have a body mass index of 40 or more OR have a body mass index greater than 35 with at least one significant medical problem
- ▶ Be between the ages of 16-70 years old (some exceptions apply; will be determined on an individual basis)

In addition to caring for obese adults, we offer pediatric weight loss options. Multiple departments collaborate, including bariatric surgery, pediatric surgery, pediatric endocrinology, and pediatric genetics, to care for young adults, ages 12 to 18, who are morbidly obese.



*Surgical weight loss is the only proven, reliable and long-term weight loss solution for morbid obesity.*



*Get started today by visiting [UFHealth.org/weightloss](https://UFHealth.org/weightloss).*

**The path to surgery typically spans a three- to six-month period after your first clinic visit.**

Each individual is carefully evaluated for any related medical conditions. This often requires special studies and occasionally consultations from accredited medical specialists. We must be confident that weight loss surgery is right for you and that both you and the bariatric team are fully aware of associated risks before we will schedule the surgery to promote positive lifelong outcomes. Please be aware that certain insurance companies require a six-month physician-supervised weight loss program prior to covering weight loss surgery. We have a dedicated insurance specialist to assist with preoperative mandates required by individual insurance plans.

*Morbid obesity can lead to loss of self-esteem, depression and even discrimination with jobs, promotions and from society in general.*

