buffet: baked ham
       black-eyed peas
       seasoned greens
       steamed rice

soup: baked stuffed potato soup
       chicken noodle soup

buffet: spaghetti with meat sauce
       fried chicken
       rotisserie chicken quarter
       macaroni and cheese
       roasted brussel sprouts
       turnip greens

soup: garden vegetable
       tomato basil bisque

buffet: barbecued pork chop
       baked ham, macaroni and tomatoes casserole
       baked beans
       corn on the cob
       fried okra

soup: broccoli cheddar soup
       chicken noodle soup

buffet: chicken & broccoli pasta alfredo
       chicken cordon bleu with parmesan cream sauce
       cauliflower au gratin
       scalloped potatoes
       seasoned asparagus

soup: baked stuffed potato soup
       au bon pain garden vegetable

buffet: fried fish
       cheese grits
       corn with pimento
       stewed tomatoes

soup: chicken noodle soup
       tomato basil bisque

* Percent Daily Values are based on a 2,000 calorie diet.
  Your Daily Values may be higher or lower depending on your calorie needs:

<table>
<thead>
<tr>
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<th>Calories:</th>
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<tr>
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<tr>
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