Tuesday, January 16, 2018

exhibition: pasta bar
- tortellini, penne, bow tie, spaghetti
- pesto sauce, meat sauce, marinara, alfredo
- shrimp, chicken, meatballs, bacon
- garlic breadstick
- onions, mushrooms, bell peppers, shredded carrots
- spinach, zucchini, yellow squash, diced tomatoes

Wednesday, January 17, 2018

exhibition: pasta bar
- tortellini, penne, bow tie, spaghetti
- pesto sauce, meat sauce, marinara, alfredo
- shrimp, chicken, meatballs, bacon
- garlic breadstick
- onions, mushrooms, bell peppers, shredded carrots
- spinach, zucchini, yellow squash, diced tomatoes
- garlic breadstick
- onions, mushrooms, bell peppers, shredded carrots
- spinach, zucchini, yellow squash, diced tomatoes

Thursday, January 18, 2018

exhibition: pasta bar
- tortellini, penne, bow tie, spaghetti
- pesto sauce, meat sauce, marinara, alfredo
- shrimp, chicken, meatballs, bacon
- garlic breadstick
- onions, mushrooms, bell peppers, shredded carrots
- spinach, zucchini, yellow squash, diced tomatoes

Friday, January 19, 2018

exhibition: pasta bar
- tortellini, penne, bow tie, spaghetti
- pesto sauce, meat sauce, marinara, alfredo
- shrimp, chicken, meatballs, bacon
- garlic breadstick
- onions, mushrooms, bell peppers, shredded carrots
- spinach, zucchini, yellow squash, diced tomatoes
- garlic breadstick
- onions, mushrooms, bell peppers, shredded carrots
- spinach, zucchini, yellow squash, diced tomatoes

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

<table>
<thead>
<tr>
<th></th>
<th>Calories: 2,000</th>
<th>Calories: 2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
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<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
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<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

cafe@shands.ufl.edu
ext. 43883 | hours lunch 11am - 2pm

MENU SUBJECT TO CHANGE WITHOUT NOTICE