**EXHIBITION - UF HEALTH SHANDS**

**Monday, January 29, 2018**

exhibition: chicken skewer  
shrimp skewer  
fried rice  
white rice  
vegetable spring roll  
stir fry vegetables

**Tuesday, January 30, 2018**

exhibition: chicken skewer  
shrimp skewer  
fried rice  
white rice  
vegetable spring roll  
stir fry vegetables

**Wednesday, January 31, 2018**

exhibition: chicken skewer  
shrimp skewer  
fried rice  
white rice  
vegetable spring roll  
stir fry vegetables

**Thursday, February 01, 2018**

exhibition: chicken skewer  
shrimp skewer  
fried rice  
white rice  
vegetable spring roll  
stir fry vegetables

**Friday, February 02, 2018**

exhibition: chicken skewer  
shrimp skewer  
fried rice  
white rice  
vegetable spring roll  
stir fry vegetables

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**Weekly Menu**

<table>
<thead>
<tr>
<th>Calories:</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than</td>
<td>65g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than</td>
<td>20g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than</td>
<td>300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than</td>
<td>2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**