<table>
<thead>
<tr>
<th>Day</th>
<th>Menu</th>
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</table>
| Monday, February 3, 2020 | soup: Broccoli Cheddar / Chicken Noodle  
other items: flatbread / Garlic Bread  
**Italian kitchen**  
Build your own:  
Choose your Sauce: Alfredo, Pesto, Marinara  
Choose your Protein: Chicken, Italian Meatballs, or Shrimp  
**Build your own:**  
**Choose your Toppings:** Vegetable Medley or Parsley  
**melt:**  
**jerk:** Jerk Turkey, Peach & Mango Chutney, Pickled Onions, Havarti Cheese on Texas Toast  
**alabama:** BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast  
**sgt. Pepper's:** Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast  
**gruff is the stuff:** Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast  
**Build your own:**Chicken Tenders and Baked Chicken Wings  |
| Tuesday, February 4, 2020 | soup: Chicken Florentine / Stuffed Baked Potato  
other items: flatbread / Garlic Bread  
**Italian kitchen**  
Build your own:  
Choose your Sauce: Alfredo, Pesto, Marinara  
Choose your Protein: Chicken, Italian Meatballs, or Shrimp  
**Build your own:**  
**Choose your Toppings:** Vegetable Medley or Parsley  
**melt:**  
**jerk:** Jerk Turkey, Peach & Mango Chutney, Pickled Onions, Havarti Cheese on Texas Toast  
**alabama:** BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast  
**sgt. Pepper's:** Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast  
**gruff is the stuff:** Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast  
**Build your own:**Chicken Tenders and Baked Chicken Wings  |
| Wednesday, February 5, 2020 | soup: Broccoli Cheddar / Chicken Noodle  
other items: flatbread / Garlic Bread  
**Italian kitchen**  
Build your own:  
Choose your Sauce: Alfredo, Pesto, Marinara  
Choose your Protein: Chicken, Italian Meatballs, or Shrimp  
**Build your own:**  
**Choose your Toppings:** Vegetable Medley or Parsley  
**melt:**  
**jerk:** Jerk Turkey, Peach & Mango Chutney, Pickled Onions, Havarti Cheese on Texas Toast  
**alabama:** BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast  
**sgt. Pepper's:** Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast  
**gruff is the stuff:** Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast  
**Build your own:**Chicken Tenders and Baked Chicken Wings  |
| Thursday, February 6, 2020 | soup: Chicken Florentine / Stuffed Baked Potato  
other items: flatbread / Garlic Bread  
**Italian kitchen**  
Build your own:  
Choose your Sauce: Alfredo, Pesto, Marinara  
Choose your Protein: Chicken, Italian Meatballs, or Shrimp  
**Build your own:**  
**Choose your Toppings:** Vegetable Medley or Parsley  
**melt:**  
**jerk:** Jerk Turkey, Peach & Mango Chutney, Pickled Onions, Havarti Cheese on Texas Toast  
**alabama:** BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast  
**sgt. Pepper's:** Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast  
**gruff is the stuff:** Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast  
**Build your own:**Chicken Tenders and Baked Chicken Wings  |
| Friday, February 7, 2020  | soup: Chicken Noodle / Stuffed Baked Potato  
other items: flatbread / Garlic Bread  
**Italian kitchen**  
Build your own:  
Choose your Sauce: Alfredo, Pesto, Marinara  
Choose your Protein: Chicken, Italian Meatballs, or Shrimp  
**Build your own:**  
**Choose your Toppings:** Vegetable Medley or Parsley  
**melt:**  
**jerk:** Jerk Turkey, Peach & Mango Chutney, Pickled Onions, Havarti Cheese on Texas Toast  
**alabama:** BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast  
**sgt. Pepper's:** Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast  
**gruff is the stuff:** Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast  
**Build your own:**Chicken Tenders and Baked Chicken Wings  |

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

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352-215-1947 | lunch 11am - 2pm