### Monday, February 11, 2019

**Soup:** baked stuffed potato soup  
chicken noodle soup

**Buffet:** roasted turkey breast  
asian bbq shrimp  
fried rice  
spicy green beans  
sesame broccoli and carrots  
spring rolls

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### Tuesday, February 12, 2019

**Soup:** vegetarian chili  
wild mushroom bisque

**Buffet:** spaghetti with meat sauce  
tomato braised beef  
carnernet medley rice  
corn with roasted red peppers  
sautéed spinach

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### Wednesday, February 13, 2019

**Soup:** broccoli cheddar soup  
lemon chicken orzo

**Buffet:** bbq pork sandwich  
baked ziti with meat sauce  
yellow squash casserole  
zucchini and tomatoes

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### Thursday, February 14, 2019

**Soup:** Italian wedding  
southwest tortilla

**Buffet:** chicken & broccoli pasta alfredo  
fried chicken  
baked chicken  
macaroni and cheese  
broccoli au gratin  
turnip greens with bacon  
plant base menu: hummus tomato sandwich; fresh vegetable wrap

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### Friday, February 15, 2019

**Soup:** black bean  
clam chowder

**Buffet:** chicken wings  
fried shrimp; fried clams, fried cod nuggets  
hush puppies  
roasted brussel sprouts  
corn on the cob  
plant base menu: hummus tomato sandwich; fresh vegetable wrap

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2000 calories a day is used for general nutrition advice, but calorie needs vary.  
Additional nutrition information available upon request.