Monday, February 12, 2018

**soup:** chicken noodle soup
- corn chowder

**whole+sum:** crispy panko ranch chicken
- cilantro rice, carrots, peas
- grilled corn on the cob

Tuesday, February 13, 2018

**soup:** Italian wedding soup
- baked stuffed potato soup

**whole+sum:** shrimp scampi with creamy polenta
- and asparagus power bowl

Wednesday, February 14, 2018

**soup:** clam chowder
- southwest tortilla

**whole+sum:** turkey and pork bolognese sauce
- barilla whole grain spaghetti
- steamed fresh broccoli
- garlic bread

Thursday, February 15, 2018

**soup:** chicken noodle
- lobster corn bisque

**whole+sum:** spicy black bean chili
- brown rice
- served with sour cream, shredded cheddar, jalapenos
- cornbread

Friday, February 16, 2018

**soup:** broccoli cheddar
- chicken florentine

**whole+sum:** spiced rubbed tilapia, mint chutney
- lemon rice pilaf
- cucumber, tomato, parsley salad

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

<table>
<thead>
<tr>
<th>Nutrition</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2,000</td>
<td>2,500</td>
</tr>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>80g</td>
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<tr>
<td>Saturated Fat</td>
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<td>25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>300mg</td>
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<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>2,400mg</td>
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<tr>
<td>Total Carbohydrate</td>
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<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

Peter Daniell | Peter.Daniell@shands.ufl.edu
561.573.1530 | Hours lunch 11am - 2pm

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**