Monday, February 25, 2019

Soup: Chicken noodle soup
Corn chowder

Catina: Cantina salad
Rolled burrito
Burrito bowl
Tacos
Quesadilla
Nachos

Jerk turkey, peach & mango chutney, pickled onions, havarti cheese on multi-grain bread
Alabama bbq spiced chicken with Alabama bbq sauce, caramelized slammer onions, pickled jalapenos, smoked gouda, multi-grain bread
Smoked chipotle pepper cream cheese, cidded green
Sgt. Pepper's chilies, cheddar cheese, multi-grain bread

Gruff is the stuff

Sauteed kale, grilled portobello mushrooms, whipped goat cheese, multi-grain bread

Tuesday, February 26, 2019

Soup: Italian wedding soup
Baked stuffed potato soup

Catina: Cantina salad
Rolled burrito
Burrito bowl
Tacos
Quesadilla

Jerk turkey, peach & mango chutney, pickled onions, havarti cheese on multi-grain bread
Alabama bbq spiced chicken with Alabama bbq sauce, caramelized slammer onions, pickled jalapenos, smoked gouda, multi-grain bread
Smoked chipotle pepper cream cheese, cidded green
Sgt. Pepper's chilies, cheddar cheese, multi-grain bread

Gruff is the stuff

Sauteed kale, grilled portobello mushrooms, whipped goat cheese, multi-grain bread

Wednesday, February 27, 2019

Soup: Clam chowder
Southwest tortilla

Catina: Cantina salad
Rolled burrito
Burrito bowl
Tacos
Quesadilla

Jerk turkey, peach & mango chutney, pickled onions, havarti cheese on multi-grain bread
Alabama bbq spiced chicken with Alabama bbq sauce, caramelized slammer onions, pickled jalapenos, smoked gouda, multi-grain bread
Smoked chipotle pepper cream cheese, cidded green
Sgt. Pepper's chilies, cheddar cheese, multi-grain bread

Gruff is the stuff

Sauteed kale, grilled portobello mushrooms, whipped goat cheese, multi-grain bread

Thursday, February 28, 2019

Soup: Chicken noodle
Lobster corn bisque

Catina: Cantina salad
Rolled burrito
Burrito bowl
Tacos
Quesadilla

Jerk turkey, peach & mango chutney, pickled onions, havarti cheese on multi-grain bread
Alabama bbq spiced chicken with Alabama bbq sauce, caramelized slammer onions, pickled jalapenos, smoked gouda, multi-grain bread
Smoked chipotle pepper cream cheese, cidded green
Sgt. Pepper's chilies, cheddar cheese, multi-grain bread

Gruff is the stuff

Sauteed kale, grilled portobello mushrooms, whipped goat cheese, multi-grain bread

Friday, March 01, 2019

Soup: Broccoli cheddar
Chicken florentine

Catina: Cantina salad
Rolled burrito
Burrito bowl
Tacos
Quesadilla

Jerk turkey, peach & mango chutney, pickled onions, havarti cheese on multi-grain bread
Alabama bbq spiced chicken with Alabama bbq sauce, caramelized slammer onions, pickled jalapenos, smoked gouda, multi-grain bread
Smoked chipotle pepper cream cheese, cidded green
Sgt. Pepper's chilies, cheddar cheese, multi-grain bread

Gruff is the stuff

Sauteed kale, grilled portobello mushrooms, whipped goat cheese, multi-grain bread

2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.