# Weekly Menu

**Monday, March 15, 2021**

- **Grab and Go:** Sandwich’s, Wraps, Salads and more
  - Pizza: Assorted Pizza’s
  - Soup: Italian Wedding
- **Tavala Italiana:** Choose your Pasta: Bow tie or Penne
  - Choose your Protein: Sausage, Seasoned Chicken
  - Choose your Sauce: Marinara or Alfredo
  - Choose your Sides: Zucchini and squash, Garlic Bread Sticks

**Tuesday, March 16, 2021**

- **Grab and Go:** Sandwich’s, Wraps, Salads and more
  - Pizza: Assorted Pizza’s
  - Soup: Tomato
- **Verde:** Choose your Vessel: Burrito- Quesadilla- Nachos
  - Choose your Protein: Chicken- Beef- Barbacoa
  - Assorted Toppings

**Wednesday, March 17, 2021**

- **Grab and Go:** Sandwich’s, Wraps, Salads and more
  - Pizza: Assorted Pizza’s
  - Soup: Mushroom
- **Lunch Buffet:** Saint Patrick’s Days Special
  - Corned Beef or Roasted Chicken Leg Quarters
  - Fingerling Potatoes
  - Cabbage
  - Green Beans
  - Special Holiday Dessert Option

**Thursday, March 18, 2021**

- **Grab and Go:** Sandwich’s, Wraps, Salads and more
  - Pizza: Assorted Pizza’s
  - Soup: Home-Style Chicken Noodle
- **Lunch Buffet:** The Smokehouse
  - Choose your Protein: Mesquite chicken- BBQ Ribs
  - Choose your Side: Brussel Sprout, Corn on the cob
  - baked beans, corn nuggets
  - mashed potatoes

**Friday, March 19, 2021**

- **Grab and Go:** Sandwich’s, Wraps, Salads and more
  - Pizza: Assorted Pizza’s
  - Soup: Tomato
- **Lunch Buffet:** Choose a Basket or a Sandwich
  - Pick your Protein: Chicken Tenders or a Chicken Patty
  - Cornmeal Crusted Catfish or Tortilla Crusted Tilapia
  - Pick your sides: Fries, Rice, Okra

Cheese Grits, Hushpuppies

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2000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

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**Café Hours are 7:00am-5:30pm (7 days a week)**

Breakfast is served 7:00am-10:00am  Lunch is served 11:00am-2:00pm  Daily features are served 11:00am - 5:30pm

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