Raising Hope at Work Café  
UF Health Heart & Vascular and Neuromedicine Hospitals

Monday, April 9, 2018

soup: chicken noodle soup  
    corn chowder  
whole+sum:  
    seafood and cannellini marinara  
    penne pasta  
    spinach with mushrooms

Tuesday, April 10, 2018

soup: Italian wedding soup  
    baked stuffed potato soup  
whole+sum:  
    crispy chicken  
    farro butternut squash salad and cranberries power bowl

Wednesday, April 11, 2018

soup: clam chowder  
    southwest tortilla  
whole+sum:  
    eggplant parmesan  
    herbed quinoa  
    roasted whole mushrooms

Thursday, April 12, 2018

soup: chicken noodle  
    lobster corn bisque  
whole+sum:  
    homestyle beef stew  
    mashed parsnips  
    fresh green beans

Friday, April 13, 2018

soup: broccoli cheddar  
    chicken florentine  
whole+sum:  
    pesto tilapia  
    lemon dill rice  
    broccoli with sundried tomatoes

* Percent Daily Values are based on a 2,000 calorie diet.  
Your Daily Values may be higher or lower depending on your calorie needs:

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>2,000 Calories</th>
<th>2,500 Calories</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td>2,000</td>
<td>2,500</td>
</tr>
<tr>
<td>Total Fat</td>
<td>65g</td>
<td>80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>20g</td>
<td>25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>2,400mg</td>
<td>2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

MENU SUBJECT TO CHANGE WITHOUT NOTICE