Raising Hope at Work Café
UF Health Heart & Vascular and Neuromedicine Hospitals

**Monday, April 16, 2018**

**Soup:**
- Chicken noodle soup
- Corn chowder

**Whole+Sum:**
- Crispy panko ranch chicken
- Cilantro rice with carrots and peas
- Grilled corn

**Tuesday, April 17, 2018**

**Soup:**
- Italian wedding soup
- Baked stuffed potato soup

**Whole+Sum:**
- Shrimp scampi with creamy polenta
- Asparagus power bowl

**Wednesday, April 18, 2018**

**Soup:**
- Clam chowder
- Southwest tortilla

**Whole+Sum:**
- Turkey and pork bolognaise
- Spaghetti
- Broccoli

**Thursday, April 19, 2018**

**Soup:**
- Chicken noodle
- Lobster corn bisque

**Whole+Sum:**
- Beef bourguignon
- Roasted red potatoes
- Fresh green bean almandine

**Friday, April 20, 2018**

**Soup:**
- Broccoli cheddar
- Chicken florentine

**Whole+Sum:**
- Spiced rubbed tilapia with mint
- Lemon rice pilaf
- Cucumber tomato parsley salad

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*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.*

<table>
<thead>
<tr>
<th>Calories</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

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**MENU SUBJECT TO CHANGE WITHOUT NOTICE**

peter daniell | peter.daniell@shands.ufl.edu
561.573.1530 | hours lunch 11am - 2pm