### Weekly Menu

**Monday, April 29, 2019**

- **Soup:** Clam Chowder
- **Catina:** Catina Salad
- **Burrito:** Burrito Bowl
- **Taco:** Tacos
- **Quesadilla:** Quesadilla
- **Nachos:** Nachos

**Other Items:**
- Flatbreads
- Chicken Tenders and Baked Chicken Wings
- Melt
- Jerk
- BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast
- Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast

**Gruff is the Stuff:**
- Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast

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**Tuesday, April 30, 2019**

- **Soup:** Italian Wedding
- **Catina:** Catina Salad
- **Burrito:** Burrito Bowl
- **Taco:** Tacos
- **Quesadilla:** Quesadilla
- **Nachos:** Nachos

**Other Items:**
- Flatbreads
- Chicken Tenders and Baked Chicken Wings
- Melt
- Jerk
- BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast
- Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast

**Gruff is the Stuff:**
- Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast

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**Wednesday, May 01, 2019**

- **Soup:** Clam Chowder
- **Catina:** Catina Salad
- **Burrito:** Burrito Bowl
- **Taco:** Tacos
- **Quesadilla:** Quesadilla
- **Nachos:** Nachos

**Other Items:**
- Flatbreads
- Chicken Tenders and Baked Chicken Wings
- Melt
- Jerk
- BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast
- Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast

**Gruff is the Stuff:**
- Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast

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**Thursday, May 02, 2019**

- **Soup:** Chicken Noodle
- **Catina:** Catina Salad
- **Burrito:** Burrito Bowl
- **Taco:** Tacos
- **Quesadilla:** Quesadilla
- **Nachos:** Nachos

**Other Items:**
- Flatbreads
- Chicken Tenders and Baked Chicken Wings
- Melt
- Jerk
- BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast
- Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast

**Gruff is the Stuff:**
- Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast

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**Friday, May 03, 2019**

- **Soup:** Lobster Corn Bisque
- **Catina:** Catina Salad
- **Burrito:** Burrito Bowl
- **Taco:** Tacos
- **Quesadilla:** Quesadilla
- **Nachos:** Nachos

**Other Items:**
- Flatbreads
- Chicken Tenders and Baked Chicken Wings
- Melt
- Jerk
- BBQ Spiced Chicken with Alabama BBQ Sauce, Caramelized Onions, Pickled Jalapenos, Smoked Gouda, Texas Toast
- Smoked Cream Cheese with Diced Green and Red Chilies, Cheddar Cheese on Texas Toast

**Gruff is the Stuff:**
- Sautéed Kale, Grilled Portobello Mushrooms, Whipped Goat Cheese, Texas Toast

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2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.