Raising Hope at Work Café
UF Health Heart & Vascular and Neuromedicine Hospitals

**Sunday, April 29, 2018**

**Soup**:
- Chicken noodle soup
- Corn chowder

**Whole+Sum**:
- Seafood and cannellini marinara
- Penne pasta
- Spinach with mushrooms

**Monday, May 01, 2018**

**Soup**:
- Italian wedding soup
- Baked stuffed potato soup

**Whole+Sum**:
- Crispy chicken
- Faro butternut squash salad and cranberries power bowl

**Tuesday, May 02, 2018**

**Soup**:
- Clam chowder
- Southwest tortilla

**Whole+Sum**:
- Eggplant parmesan
- Herbed quinoa
- Roasted whole mushrooms

**Wednesday, May 03, 2018**

**Soup**:
- Chicken noodle
- Lobster corn bisque

**Whole+Sum**:
- Homestyle beef stew
- Mashed parsnips
- Fresh green beans

**Thursday, May 04, 2018**

**Soup**:
- Broccoli cheddar
- Chicken florentine

**Whole+Sum**:
- Pesto tilapia
- Lemon dill rice
- Broccoli with sundried tomatoes

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

<table>
<thead>
<tr>
<th>Calories</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
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<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
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<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
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