Monday, May 14, 2018

- **soup:** chicken noodle soup
- **whole+sum:**
  - chicken parmesan
  - penne pasta
  - steamed asparagus

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Tuesday, May 15, 2018

- **soup:** Italian wedding soup
- **whole+sum:**
  - moroccan salmon with caprese
  - quinoa and balsamic glaze power bowl

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Wednesday, May 16, 2018

- **soup:** clam chowder
- **whole+sum:**
  - texas pot roast
  - mashed parsnips
  - wedge salad with tomato and basil

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Thursday, May 17, 2018

- **soup:** chicken noodle
- **whole+sum:**
  - chicken adovada with tortilla chips
  - latin black beans
  - grilled corn

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Friday, May 18, 2018

- **soup:** broccoli cheddar
- **whole+sum:**
  - poached shrimp with mole and almonds
  - poblano brown rice
  - cilantro jicama slaw

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*p Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.*

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Calories</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

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Peter Daniell | Peter.Daniell@shands.ufl.edu
561.573.1530 | Hours: Lunch 11am - 2pm

*MENU SUBJECT TO CHANGE WITHOUT NOTICE*