Raising Hope at Work Café
UF Health Heart & Vascular and Neuromedicine Hospitals

Monday, May 28, 2018

soup: chicken noodle soup
   corn chowder

whole+sum:
   crispy panko ranch chicken
   cilantro rice with carrots and peas
   grilled corn

Tuesday, May 29, 2018

soup: italian wedding soup
   baked stuffed potato soup

whole+sum:
   shrimp scampi with creamy polenta and
   asparagus power bowl

Wednesday, May 30, 2018

soup: clam chowder
   southwest tortilla

whole+sum:
   turkey and pork bolognaise
   spaghetti
   broccoli

Thursday, May 31, 2018

soup: chicken noodle
   lobster corn bisque

whole+sum:
   beef bourguignon
   roasted red potatoes
   fresh green bean almandine

Friday, June 01, 2018

soup: broccoli cheddar
   chicken florentine

whole+sum:
   spiced rubbed tilapia with mint
   lemon rice pilaf
   cucumber tomato parsley salad

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

<table>
<thead>
<tr>
<th></th>
<th>Calories: 2,000</th>
<th>Calories: 2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>Less than 300g</td>
<td>Less than 375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>Less than 25g</td>
<td>Less than 30g</td>
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</tbody>
</table>

peter daniell | peter.daniell@shands.ufl.edu
561.573.1530 | hours lunch 11am - 2pm

MENU SUBJECT TO CHANGE WITHOUT NOTICE