### Monday, June 04, 2018

**Soup:**
- Chicken noodle soup
- Corn chowder

**Whole+Sum:**
- Chicken parmesan
- Penne pasta
- Steamed asparagus

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### Tuesday, June 05, 2018

**Soup:**
- Italian wedding soup
- Baked stuffed potato soup

**Whole+Sum:**
- Moroccan salmon with caprese
- Quinoa and balsamic glaze power bowl

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### Wednesday, June 06, 2018

**Soup:**
- Clam chowder
- Southwest tortilla

**Whole+Sum:**
- Texas pot roast
- Mashed parsnips
- Wedge salad with tomato and basil

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### Thursday, June 07, 2018

**Soup:**
- Chicken noodle
- Lobster corn bisque

**Whole+Sum:**
- Chicken adovada with tortilla chips
- Latin black beans
- Grilled corn

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### Friday, June 08, 2018

**Soup:**
- Broccoli cheddar
- Chicken florentine

**Whole+Sum:**
- Poached shrimp with mole and almonds
- Poblano brown rice
- Cilantro jicama slaw

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*Percent Daily Values are based on a 2,000 calorie diet.*

Your Daily Values may be higher or lower depending on your calorie needs.

<table>
<thead>
<tr>
<th>Calories:</th>
<th>2,000</th>
<th>2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
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<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>Less than 300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
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<tr>
<td>Total Carbohydrate</td>
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<td>375g</td>
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<tr>
<td>Dietary Fiber</td>
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<td>30g</td>
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