**Hours of Operation:** Sunday-Saturday: Breakfast: 7am-10am; Lunch: 11am-2pm; Dinner: 4pm -6pm

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**Monday, July 16, 2018**

**Soup:** baked stuffed potato

**Buffet:**
- fried shrimp
- hush puppies
- parmesan mashed potatoes
- roasted brussel sprouts
- tomato basil summer squash

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**Tuesday, July 17, 2018**

**Soup:** chicken tortilla

**Buffet:**
- spaghetti with meat sauce
- chicken cordon bleu with parmesan cheese sauce
- okra and tomatoes
- southern style green beans

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**Wednesday, July 18, 2018**

**Soup:** broccoli cheddar

**Buffet:**
- orange chicken
- sweet and sour chicken
- jasmine rice
- oriental noodles
- oriental vegetables
- egg rolls

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**Thursday, July 19, 2018**

**Soup:** home-style chicken noodle

**Buffet:**
- bbq pork
- beef brisket
- spicy potato wedges
- brussel sprouts with bacon
- vegetable medley

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**Friday, July 20, 2018**

**Soup:** shrimp and roasted corn bisque

**Buffet:**
- chicken wings
- fried catfish
- cheese grits
- fries
- stewed tomatoes
- corn with pimento

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*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.*

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>2,000 Calories</th>
<th>2,500 Calories</th>
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</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 65g</td>
<td>80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>25g</td>
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<tr>
<td>Cholesterol</td>
<td>Less than 300mg</td>
<td>300mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>2,400mg</td>
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<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
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<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

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**UF Health Vista Cafe - SHANDS HOSPITAL UF**

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**SHANDS HOSPITAL UF**

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Jules Smith | jules.smith@shands.ufl.edu
352.627.0286 | hours lunch 11am - 2pm

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**MENU SUBJECT TO CHANGE WITHOUT NOTICE**