# UF Health Café

**Hours:** Monday – Friday: Breakfast – 6:00 a.m. – 10:00 a.m.
Lunch/Dinner – 11:00 a.m. – 8:00 p.m.
**Hours:** Saturday & Sunday
Breakfast 7:00 a.m. - 10:00 a.m. & Lunch 11:30 a.m. - 2:00 p.m.

<table>
<thead>
<tr>
<th>Monday, August 3, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grab and Go:</strong> Sandwich’s, Wraps, Salads and more</td>
</tr>
<tr>
<td><strong>Soups:</strong> Baked Stuffed Potato and Chicken Noodle</td>
</tr>
<tr>
<td><strong>Honest Bowl:</strong> Lemon Rosemary &amp; Chicken, Tomato Braised Beef Barbacoa, Curry Roasted Cauliflower, Roasted Brussels Sprouts, Quinoa, Brown Rice, Sweet Potatoes with Sriracha, Hummus, Lemon Vinagrette, Tzatziki Sauce, Corn</td>
</tr>
<tr>
<td><strong>Pizza:</strong> Pizzas, Calzones, Baked Pasta, Garlic Knots</td>
</tr>
<tr>
<td><strong>Taco Shoppe:</strong> Tacos, Chips, Charros</td>
</tr>
<tr>
<td><strong>Sushi with Gusto:</strong> Sushi and other items</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tuesday, August 4, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grab and Go:</strong> Sandwich’s, Wraps, Salads and more</td>
</tr>
<tr>
<td><strong>Soups:</strong> Vegetarian Chili and Wild Mushroom Bisque</td>
</tr>
<tr>
<td><strong>Honest Bowl:</strong> Lemon Rosemary Chicken, Tomato Braised Beef Barbacoa, Curry Roasted Cauliflower, Roasted Brussels Sprouts, Quinoa, Brown Rice, Sweet Potatoes with Sriracha, Hummus, Lemon Vinagrette, Tzatziki Sauce, Corn</td>
</tr>
<tr>
<td><strong>Pizza:</strong> Pizzas, Calzones, Baked Pasta, Garlic Knots</td>
</tr>
<tr>
<td><strong>Taco Shoppe:</strong> Tacos, Chips, Charros</td>
</tr>
<tr>
<td><strong>Sushi with Gusto:</strong> Sushi and other items</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Wednesday, August 5, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grab and Go:</strong> Sandwich’s, Wraps, Salads and more</td>
</tr>
<tr>
<td><strong>Soups:</strong> Broccoli Cheddar and Lemon Chicken Orzo</td>
</tr>
<tr>
<td><strong>Drums &amp; Flats:</strong> Chicken Wings, Assorted flavors, popcorn Chicken, Steak Fries, Onion Rings, Celery Sticks, Carrot Sticks, blue Cheese Dressing, Ranch Dressing</td>
</tr>
<tr>
<td><strong>Pizza:</strong> Pizzas, Calzones, Baked Pasta, Garlic Knots</td>
</tr>
<tr>
<td><strong>Taco Shoppe:</strong> Tacos, Chips, Charros</td>
</tr>
<tr>
<td><strong>Sushi with Gusto:</strong> Sushi and other items</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Thursday, March 12, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grab and Go:</strong> Sandwich’s, Wraps, Salads and more</td>
</tr>
<tr>
<td><strong>Soups:</strong> Italian Wedding and Southwest Tortilla</td>
</tr>
<tr>
<td><strong>Callaloo:</strong> Shrimp Creole, Jerk Pork Loin, nesita rice, red beans and rice, fried plantains, Uxra and tomatoes, sautéed Cabbage, Curried Carrot Salad, Island Sweet and Spicy Mango Slaw, Jerk Sauce, Mango Chutney</td>
</tr>
<tr>
<td><strong>Pizza:</strong> Pizzas, Calzones, Baked Pasta, Garlic Knots</td>
</tr>
<tr>
<td><strong>Taco Shoppe:</strong> Tacos, Chips, Charros</td>
</tr>
<tr>
<td><strong>Sushi with Gusto:</strong> Sushi and other items</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Friday, March 13, 2020</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Grab and Go:</strong> Sandwich’s, Wraps, Salads and more</td>
</tr>
<tr>
<td><strong>Soups:</strong> Black Bean and Clam Chowder</td>
</tr>
<tr>
<td><strong>Callaloo:</strong> Shrimp Creole, Jerk Pork Loin, Fiesta Rice, Red Beans and Rice, Fried Plantains, Uxra and tomatoes, sautéed Cabbage, Curried Carrot Salad, Island Sweet and Spicy Mango Slaw, Jerk Sauce, Mango Chutney</td>
</tr>
<tr>
<td><strong>Pizza:</strong> Pizzas, Calzones, Baked Pasta, Garlic Knots</td>
</tr>
<tr>
<td><strong>Taco Shoppe:</strong> Tacos, Chips, Charros</td>
</tr>
<tr>
<td><strong>Sushi with Gusto:</strong> Sushi and other items</td>
</tr>
</tbody>
</table>

2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.

Troy Claxton
Troy.Claxton@shands.ufl.edu
352.246.2007

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**