**UF Health Café**

**Hours:**
- **Monday – Friday:** Breakfast – 6:00 a.m. – 10:00 a.m., Lunch/Dinner – 11:00 a.m. – 8:00 p.m.
- **Saturday & Sunday:** 7am - 10am & 11:30am - 2pm

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**Monday, October 7, 2019**

**Grab and Go:** Sandwich’s, Wraps, Salads and more

**Soups:**
- Baked Stuffed Potato and Chicken Noodle
- Lasagna, Seasoned Broccoli, Seasoned Green Beans and Garlic Bread Slices

**Classic:**
- Country Fried Steak, Mashed Potatoes, Gravy, Roasted Brussel Sprouts and Seasoned Carrots

**Exhibition:** Salad Bar

**Pizza:**
- Pizzas, Calzones, Baked Pasta, Garlic Knots

**Cantina:**
- Tacos, Burritos, Quesadillas, Taco Salad, and Nachos

**Sushi with Gusto:** Sushi and other items

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**Tuesday, October 8, 2019**

**Grab and Go:** Sandwich’s, Wraps, Salads and more

**Soups:**
- Vegetarian Chili and Wild Mushroom Bisque
- Broccoli Cheddar and Lemon Chicken Orzo

**Classic:**
- Rotisserie Chicken, Yellow Rice, Black Beans, and Plantains

**Exhibition:**
- Salad Bar

**Pizza:**
- Pizzas, Calzones, Baked Pasta, Garlic Knots

**Cantina:**
- Tacos, Burritos, Quesadillas, Taco Salad, and Nachos

**Sushi with Gusto:** Sushi and other items

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**Wednesday, October 9, 2019**

**Grab and Go:** Sandwich’s, Wraps, Salads and more

**Soups:**
- Broccoli Cheddar and Lemon Chicken Orzo

**Classic:**
- Blackened Tilapia, Cheese Grits, Seasoned Turnip Greens, and Seasoned Broccoli

**Exhibition:**
- Salad Bar

**Pizza:**
- Pizzas, Calzones, Baked Pasta, Garlic Knots

**Cantina:**
- Tacos, Burritos, Quesadillas, Taco Salad, and Nachos

**Sushi with Gusto:** Sushi and other items

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**Thursday, October 10, 2019**

**Grab and Go:** Sandwich’s, Wraps, Salads and more

**Soups:**
- Italian Wedding and Southwest Tortilla

**Classic:**
- BBQ Pulled Pork, Kaiser Roll, Baked Beans, Corn on the Cob, and Seasoned Asparagus

**Exhibition:**
- Salad Bar

**Pizza:**
- Pizzas, Calzones, Baked Pasta, Garlic Knots

**Cantina:**
- Tacos, Burritos, Quesadillas, Taco Salad, and Nachos

**Sushi with Gusto:** Sushi and other items

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**Friday, October 11, 2019**

**Grab and Go:** Sandwich’s, Wraps, Salads and more

**Soups:**
- Black Bean and Clam Chowder

**Classic:**
- Roasted Turmeric, Cheese Grits, Seasoned Turnip Greens, and Seasoned Broccoli

**Exhibition:**
- Salad Bar

**Pizza:**
- Pizzas, Calzones, Baked Pasta, Garlic Knots

**Cantina:**
- Tacos, Burritos, Quesadillas, Taco Salad, and Nachos

**Sushi with Gusto:** Sushi and other items

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2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.