Breakfast is served 7:00am-10:00am  Lunch is served 11:00am-2:00pm  Daily features are served 11:00am - 5:30pm

**Monday, October 7, 2019**

**MEATLESS MONDAYS (FEATURING MEATLESS OPTIONS)**

**Breakfast buffet:** Vegetarian Egg Casserole and Vegan Sausage Patty

**Lunch buffet:** Pasta and Spinach, Tomato with Parmesan Cheese - Vegetarian
Green Bean Almandine - Vegan
Baked Swai with Mushroom Rice

**Tuesday, October 8, 2019**

**TACO TUESDAY's … (FEATURING LATIN DISHES)**

**Breakfast buffet:** Scrambled Eggs with Chorizo and Peppers

**Lunch buffet:** Arroz con Pollo, Sweet Plantains, Black Beans
Tacos or Nachos

**Wednesday, October 9, 2019**

**Mediterranean Wednesdays (Featuring Mediterranean Foods)**

**Breakfast buffet:** Breakfast Pizza (Egg, Sausage, Bacon OR Veggie )

**Lunch buffet:** Rigatoni with Herb Chicken, Squash and Zucchini, Garlic Bread

**Thursday, October 10, 2019**

**Oriental Thursdays (Featuring Oriental dishes)**

**Breakfast buffet:** Breakfast Bahn Mi Sandwich (Fried Egg, bacon, cucumber, shredded carrot, cilantro and siracha mayo)

**Lunch buffet:** Sweet and Sour Chicken, Oriental Beef, Jasmine Rice, Lo Mein Noodles, Rice Paper Spring Rolls

**Friday, October 11, 2019**

**Grill Day Fridays (Grilling Out )**

**Breakfast buffet:** Breakfast Sandwiches to go

**Lunch buffet:** St Louis Ribs, Grilled Chicken, Gilled Salmon, Corn on the Cob, French Fries, Texas Toast

2000 calories a day is used for general nutrition advice, but calorie needs vary.

Additional nutrition information available upon request.

**MENU SUBJECT TO CHANGE WITHOUT NOTICE**