### Tuesday, November 5, 2019

**Grab and Go:** Sandwich’s, Wraps, Salads and more  
**Soups:** Vegetarian Chili and Wild Mushroom Bisque  
**Classic:** Spaghetti Noodles, Meat Sauce, Fried Zucchini, Seasoned Broccoli, and Garlic Breadsticks  
**Broth & Bowl:** Lentil+Quinoa Bowl, Cauliflower+Greens Bowl, Edamame+Soba Noodles  
**Add-ons:** Grilled Chicken Breast or Lemon Pepper Shrimp  
**Pizza:** Pizzas, Calzones, Baked Pasta, Garlic Knots  
**Verde:** Tacos, Burritos, Quesadillas, Tacos Salad, and Nachos  
**Sushi with Gusto:** Sushi and other items  

### Wednesday, November 6, 2019

**Grab and Go:** Sandwich’s, Wraps, Salads and more  
**Soups:** Broccoli Cheddar and Lemon Chicken Orzo  
**Spud Shack:** Baked Potatoes, Baked Sweet Potatoes, Pulled Chicken, Pulled Pork, Roasted Brussel Sprouts, Stewed Okra and Tomatoes, BBQ Sauce, Carolina Gold BBQ Sauce, Chickpea Salad, and Black-eye Pea and Corn Salad  
**Exhibition:** Drums and Flats  
**Pizza:** Pizzas, Calzones, Baked Pasta, Garlic Knots  
**Verde:** Tacos, Burritos, Quesadillas, Tacos Salad, and Nachos  
**Sushi with Gusto:** Sushi and other items  

### Thursday, November 7, 2019

**Grab and Go:** Sandwich’s, Wraps, Salads and more  
**Soups:** Spicy Beef and Vegetables, Teriyaki Chicken, Jasmine Rice, Brown Fried Rice, Green Beans Szechuan Style, Stir Fried Bok Choy, Vegetable Spring Roll, Assorted Toppings and Sauces, Thai Sweet and Sour Slaw, and Edamame Salad  
**Broth & Bowl:** Lentil+Quinoa Bowl, Cauliflower+Greens Bowl, Edamame+Soba Noodles  
**Add-ons:** Grilled Chicken Breast or Lemon Pepper Shrimp  
**Pizza:** Pizzas, Calzones, Baked Pasta, Garlic Knots  
**Verde:** Tacos, Burritos, Quesadillas, Tacos Salad, and Nachos  
**Sushi with Gusto:** Sushi and other items  

### Friday, November 8, 2019

**Grab and Go:** Sandwich’s, Wraps, Salads and more  
**Soups:** Black Bean and Clam Chowder  
**Classic:** Blackened Salmon, Wild Rice Pilaf, Glazed Beets, Seasoned Asparagus  
**Broth & Bowl:** Lentil+Quinoa Bowl, Cauliflower+Greens Bowl, Edamame+Soba Noodles  
**Add-ons:** Grilled Chicken Breast or Lemon Pepper Shrimp  
**Pizza:** Pizzas, Calzones, Baked Pasta, Garlic Knots  
**Verde:** Tacos, Burritos, Quesadillas, Tacos Salad, and Nachos  
**Sushi with Gusto:** Sushi and other items  

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**Additional nutrition information available upon request.**

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2000 calories a day is used for general nutrition advice, but calorie needs vary.  
Hours: Monday – Friday: Breakfast – 6:00 a.m. – 10:00 a.m., Lunch/Dinner – 11:00 a.m. – 8:00 p.m.  
Hours: Saturday & Sunday 7am - 10am & 11:30am - 2pm  

**UF Health Café**