**Monday | Nov. 13**

**buffet:** dijon crusted tilapia  
roast turkey breast  
parsley buttered mashed potatoes  
corn on the cob  
green bean casserole

**soup:** baked stuffed potato soup  
chicken noodle soup

---

**Tuesday | Nov. 14**

**buffet:** spaghetti and meat sauce  
fried chicken  
rotisserie chicken quarter  
classic macaroni and cheese  
turnip greens  
broccoli au gratin

**soup:** garden vegetable  
tomato basil bisque

---

**Wednesday | Nov. 15**

**buffet:** barbecued pork chop  
shrimp scampi  
buttered penne pasta  
summer squash with cherry tomatoes and basil  
green beans with cherry tomatoes, garlic and basil

**soup:** broccoli cheddar soup  
chicken noodle soup

---

**Thursday | Nov. 16**

**buffet:** chicken and broccoli alfredo  
jerk flank steak  
white rice and red beans  
sautéed spinach  
mexican corn

**soup:** baked stuffed potato soup  
garden vegetable

---

**Friday | Nov. 17**

**buffet:** chicken wings  
chipotle meatloaf  
brussel sprouts with bacon  
vegetable medley  
spicy potato wedges

**soup:** chicken noodle soup  
tomato basil bisque

---

*p Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

<table>
<thead>
<tr>
<th>Nutrient</th>
<th>Calories: 2,000</th>
<th>Calories: 2,500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Total Fat</td>
<td>Less than 66g</td>
<td>Less than 80g</td>
</tr>
<tr>
<td>Saturated Fat</td>
<td>Less than 20g</td>
<td>Less than 25g</td>
</tr>
<tr>
<td>Cholesterol</td>
<td>Less than 100mg</td>
<td>Less than 120mg</td>
</tr>
<tr>
<td>Sodium</td>
<td>Less than 2,400mg</td>
<td>Less than 2,400mg</td>
</tr>
<tr>
<td>Total Carbohydrate</td>
<td>300g</td>
<td>375g</td>
</tr>
<tr>
<td>Dietary Fiber</td>
<td>25g</td>
<td>30g</td>
</tr>
</tbody>
</table>

peter daniell | Peter.Daniell@shands.ufl.edu  
352.246.2007 | hours lunch 11am - 2pm