**UF HEALTH CAFE - SHANDS HOSPITAL UF**

**Monday | Nov. 13**

**buffet:**
dijon crusted tilapia
parsley buttered mashed potatoes
corn on the cob
green bean casserole

**soup:**
baked stuffed potato soup
chicken noodle soup

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**Tuesday | Nov. 14**

**buffet:**
fried chicken
rotisserie chicken quarter
classic macaroni and cheese
turnip greens
broccoli au gratin

**soup:**
garden vegetable
tomato basil bisque

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**Wednesday | Nov. 15**

**buffet:**
shrimp scampi
buttered penne pasta
summer squash with cherry tomatoes and basil
green beans with cherry tomatoes, garlic and basil

**soup:**
broccoli cheddar soup
chicken noodle soup

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**Thursday | Nov. 16**

**buffet:**
jerk flank steak
white rice and red beans
sauteed spinach
mexican corn

**soup:**
baked stuffed potato soup
garden vegetable

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**Friday | Nov. 17**

**buffet:**
chipotle meatloaf
brussel sprouts with bacon
vegetable medley
spicy potato wedges

**soup:**
chicken noodle soup
tomato basil bisque

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*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.*

<table>
<thead>
<tr>
<th></th>
<th>2,000</th>
<th>2,500</th>
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</thead>
<tbody>
<tr>
<td>Calories</td>
<td>Less than 65g, 80g</td>
<td>Less than 20g, 25g</td>
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<tr>
<td>Total Fat</td>
<td>Less than 300mg, 300mg</td>
<td>Less than 2,400mg, 2,400mg</td>
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<tr>
<td>Saturated Fat</td>
<td>Less than 2,400mg, 2,400mg</td>
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<tr>
<td>Cholesterol</td>
<td>Less than 300g, 375g</td>
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<tr>
<td>Sodium</td>
<td>Less than 25g, 30g</td>
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<tr>
<td>Total Carbohydrate</td>
<td>Less than 25g, 30g</td>
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<tr>
<td>Dietary Fiber</td>
<td>Less than 25g, 30g</td>
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</tbody>
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**MENU SUBJECT TO CHANGE WITHOUT NOTICE**