Monday, December 16, 2019

Grab and Go:
Sandwiches, Wraps, Salads and more

Soups:
Baked Stuffed Potato and Chicken Noodle

Classic:
Baked Ham with Pineapple Glaze, Mashed Sweet Potatoes, Wild Rice Pilaf, Green Bean Casserole, and Black-eyed Peas

Sushi with Gusto:
Sushi

Tuesday, December 17, 2019

Grab and Go:
Sandwiches, Wraps, Salads and more

Soups:
Vegetarian Chili and Wild Mushroom Bisque

Classic:
Pulled Chicken, Barbacoa Beef, Quinoa, Couscous, Roasted Sweet Potato Chunks, and Wilted Red Cabbage & Spinach

Sushi with Gusto:
Sushi

Wednesday, December 18, 2019

Grab and Go:
Sandwiches, Wraps, Salads and more

Soups:
Broccoli Cheddar and Lemon Chicken Orzo

Classic:
Drums and Flats

Sushi with Gusto:
Sushi

Thursday, December 19, 2019

Grab and Go:
Sandwiches, Wraps, Salads and more

Soups:
Italian Wedding and Southwest Tortilla

Classic:
Fried Coconut Shrimp, Fried Cod Nuggets, O’brien Potatoes, Hush Puppies, and Cole Slaw

Sushi with Gusto:
Sushi

Friday, December 20, 2019

Grab and Go:
Sandwiches, Wraps, Salads and more

Soups:
Black Bean and Clam Chowder

Classic:
Rotisserie Baked Chicken, Macaroni and Cheese, Mashed Potatoes, Gravy, Maple Glazed Carrots, and Seasoned Asparagus

Sushi with Gusto:
Sushi

2000 calories a day is used for general nutrition advice, but calorie needs vary.
Additional nutrition information available upon request.