

PALS THRIVE

at

Saint Francis Catholic Academy

Please sign and have your child return the portion below to the Guidance office.

Name of Student: _____ . If
consenting to your child receiving services, just **check the box, sign below and return.**

_____ I would like my child to participate in the services of the PALS THRIVE program.

Parent Name (Please print): _____

Parent Signature: _____

Date: _____

If NOT giving consent, check all that apply:

_____ I do **NOT** wish that my child _____ participate in the
following service (s) of the PALS program: (circle the program/s in which you do not wish
your student to participate)

Individual

Group

Positive Programming Opportunities

_____ I do **NOT** wish my child to participate in any of the services of the PALS program.

If no, please give a reason: (Optional).

If you prefer not to respond on this form, Please contact Yanel Casanova at:

casany@shands.ufl.edu

Parent Name(Please print): _____ Date: _____

Parent Signature: _____

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Spring - 2017

Dear Saint Francis Parents and Guardians,

We are pleased to announce the PALS (Partners in Adolescent Lifestyle Support) THRIVE Program is offering a variety of supportive programs and services at Saint Francis Catholic Academy. Programming is designed to create additional opportunities for students to connect with one another and feel supported as well as to foster a greater sense of inclusion and altruism within the school community.

These services are being offered through a partnership with UF Health, the University of Florida and Saint Francis Catholic Academy. As such, we are utilizing a team approach where all partners are connected, informed and involved in providing the best programming and services that are possible for students.

Services will be available to all students, with parent consent. Services will include individual and group counseling sessions, as well as positive programming opportunities. These sessions and groups are affiliated by a licensed professional from UF Health or a supervised University graduate counseling or social work intern.

The focus of these sessions will be to provide support, enhance self-esteem, and increase social skills, as well as develop greater problem solving strategies, so that your child will be more successful in meeting their goals at the school and at home. Additionally, your child will have the opportunity to discuss difficulties they are having which will assist your child in learning how to better express themselves. These sessions will take place at Saint Francis Academy during normal school hours.

If you would like to learn more about the PALS THRIVE program, please contact me at casany@shands.ufl.edu or partner at Saint Francis, Jill Geltner, Ph.D.: jgeltner@sfcawolves.org. We look forward to working with your child.

Sincerely yours,

Yanel Casanova, M.A.E., Ed.S. LMHC

PALS THRIVE Clinical Coordinator