Acupuncture, meditation, massage – practices once considered alternatives to conventional medicine – are now becoming mainstream in hospitals and medical schools nationwide.

You are invited to participate in a focus group discussion surrounding UF Health's Integrative Medicine program, which plans to expand services to individuals interested in exploring the potential benefits of incorporating complementary therapies with conventional treatments. Explore an integrative approach to optimizing your health while managing your current health conditions, leading to a partnership between our community and health professionals within UF Health.

## Register and join us

Wednesday, June 8, 2016

Afternoon & evening times available
UF Straughn IFAS Extension Professional Development Center

Honorarium and refreshments provided for your participation.

**Advanced registration required** 



## UF HEALTH INTEGRATIVE MEDICINE PROGRAM

Supporting people on their journey to realizing wholeness.

For more information or to participate, please contact Rachel Rivera Rachel.Rivera@medicine.ufl.edu or call 352.265.8384.