Fostering independence in diabetes care takes time.
Pathway = Tips!
See 2 minute videos below for each stage of your journey.

Sharing responsibility with parents
Learning diabetes skills and setting goals with my parents make it safer to have fun with friends.

Scan QR code to watch video

Before I drive...
☐ Do I have my meter or CGM?
☐ Did I check my blood sugar?
☐ Do I have something to treat a low?

Scan QR code to watch video

If I go low while driving...
1. Pull over to a safe place
2. Treat with fast-acting glucose such as glucose tablets, Starburst® or Sour Patch Kids® candies
3. Recheck glucose in 15 minutes

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