

## Rectal Manometry Study

Procedure Date \_\_\_\_\_ Arrival Time \_\_\_\_\_

### GENERAL INSTRUCTIONS:

- Bring a photo ID and your insurance card.
- Bring in advanced directive/living will if available.
- Wear loose, comfortable clothing.
- Do not wear make-up, nail polish or jewelry on the day of surgery and give all belongings such as glasses, contacts, dentures, clothes, etc. to family prior to procedure.
- Tell your doctor if you have a cold, sore throat, cough or fever before your procedure.
- On the day of procedure, please check in at the **UF Health Endoscopy Center located at 2001 SW 13th Street.**

### MEDICATION INSTRUCTIONS:

- No gum or candy the morning of your procedure.
- **Unless given specific medication instructions at a presurgical appointment, please follow these medication instructions:**
  - Do not take diabetic pills the evening prior or morning of your procedure.
  - Cut insulin dose in half the evening prior to procedure and hold morning insulin dose the day of procedure.
  - Take heart, blood pressure, pain meds, seizure and Parkinson's medications with a sip of water 2 hours prior to arrival time.

### PRE-PROCEDURE INSTRUCTIONS:

- At 8 p.m. day prior use 1 fleet enema (enemas are available at any drug store).
- Morning of procedure use 1 fleet enema.
- Enemas are available at any drug store.
- Nothing to eat or drink after Midnight or day of procedure.

### PLEASE CALL 352.265.3636 (ENDO) FOR THE FOLLOWING:

- To cancel or reschedule your procedure.
- Pre-procedure prep or medication questions.



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Patient Name:

Patient Identification #: